Sports News...

Hi Sports Fanatics!

Our amazing little athletes have commenced their training for next term’s Athletics Carnival. They have been put through their paces in tunnelball and leaderball and are looking exceptionally sharp. The Year 3-6 children are also working on their hockey skills, in preparation for our school Minkey Hockey Extravaganza. I’m very pleased to announce no one has been attacked by a hockey stick so far. If any parents would like to know what we are doing in Phys Ed or would like to chat about our school’s sports programme, please feel free to pop in and see me. Finally, our After School Sport programme has commenced and will continue each Wednesday afternoon from 3:10pm -4:00pm. We would love to see enthusiastic sports lovers attend, parents included! That’s it for this week...stay tuned for more exciting and gripping sports news in the coming weeks. Go the Mighty Eagles!

P & F News...

NEXT: P & F MEETING

DATE MONDAY 15 AUGUST 2016 WHERE SCHOOL LIBRARY

TIME 2.00PM

All welcome to attend! We are getting close to our largest fundraising event of the year —Blues Festival camping. Many hands make light work, so if you are available to help out for a few hours over this weekend, please call the school office on 97611635.

Thank you Sharon Gardner P & F President 0417 902 096

Community News...

Update from the Library

I have accessioned a lot of new books for our library and would love to see them on the shelves for the children to enjoy. Before this can happen, I need some assistance to cover these great new resources. If you have any spare time to help with covering, please see me so we can organise it, (even if it’s only a couple of books...it all helps) Any assistance will be greatly appreciated.

We are also desperate for volunteers to help put books away onto the shelves, making them available for the children. If you have any spare time to help with this task, please let me know.

Thank you, Lorraine Pearce

Gardening News...

NATIONAL TREE DAY FRIDAY 29 JULY 2016 TIME: From 11.00 AM

St Brigid’s School acknowledges the Bibbulmun people as the traditional custodians of the land upon which our school is situated.

Dear Parents, Caregivers and Community Members,

We all encourage our children to “do your best”. Everything is alive and changing all the time, so their best will sometimes be high quality and at other times will not be as good; it could depend on whether they are feeling wonderful and happy or upset and moody. When children are doing their best, it’s usually because they enjoy what they’re doing and feel confident about it, rather than doing it for a reward. They should do their best because they want to do it, not because they have to do it and not because they are trying to please someone else. When our children don’t do their best, they are somewhat denying themselves the opportunity to be who they really are. So, how can we support our children to do their best? Well, most children become what adults tell them they can become. Children take words to heart, especially words from the adults they love; they want and need to believe what their parents say about them. Through our speech and behaviour towards our children, we communicate to them the boundaries of their potential.

Sometimes, children need feedback from their parents to help guide their behaviour. When we do give feedback, we need to focus on the behaviour not on our child’s general worth as a person. To help children to do their best, we need to show a genuine interest in them and let them know how much we care about them. We need to know what’s important to them and provide affirmation about who they are and what they’re doing. We need, on occasion, to say “well done.” Nothing worth doing is ever easy; worthwhile things always take time and effort. When the need arises, we might offer to lend a hand. If our children see that we are willing to commit our time and energy to their doing. We need, on occasion, to say “well done.” Nothing worth doing is ever easy; worthwhile things always take time and effort. When the need arises, we might offer to lend a hand. If our children see that we are willing to commit our time and energy to their things towards our children, we communicate to them the boundaries of their potential.

Personal Responsibility ~ School Uniform: We understand that often weekends are filled with special occasions when girls often wear nail polish and make up. We ask that this is not done before the next school day. The correct coloured hair scrunchies are required to be worn, please. We also remind students that the correct shoes are required when wearing the St Brigid’s school or sport uniform.

PIZZA NIGHT - St Brigid’s parish would like to invite the children and their families, who made their First Communion this year and last year, to a pizza night following the 5 pm Mass on Sunday August 7. RSVP to Rosie Wells – wellsfam@wn.com.au – or let the school know.

Andrew Kelly Principal
**Week** | **Date** | **Time** | **Event**
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3 | 3 Aug | 2.10pm | Y 2 Class Assembly and MJR award
4 | 8 Aug | | Mary Mackillop Feast Day
5 | 15 Aug | 2.00pm | P & F Meeting
6 | 22—26 Aug | | Book Week

**Art Creations with Mrs Little**

- Dinosaur Sculpture by Jasper Porteous.
- Indigenous inspired necklace by Izabella Crimp.
- Year 5 Paper Mache Puppets.

**What is Nude Food?**

A healthy nude food recess and lunch does not contain throwaway packaging. It reduces litter because there is less waste. Typically, it is packed in a lunch box or a reusable bag. The food is put in reusable containers rather than wrapped in disposable packaging. A drink is in a refillable bottle and all containers are resealable, so that leftover food and drink can be saved for later.

**Why should we have a healthy Nude Food day?**

By bringing less waste into schools we can minimise litter, reduce waste going to landfill, save money and develop healthy eating habits. Producing excessive amounts of waste is a major problem in Australia, with Australia being the second highest producer of waste per person when compared to other western countries. Also unpackaged food is usually healthier for children with less preservatives and sugar.

**Parent Feedback!**

I wish to hear from parents regarding adopting this strategy in our school by choosing a Nude Food day per week and what it will mean for families. You are most welcome to email me your thoughts at kelly.andrew@cathednet.wa.edu.au.

Once I have some feedback, I will discuss with all staff and our senior student leaders about how this could be successfully implemented in our school.

**Watch this space!**

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**KIDS MATTER SURVEY**

**DUE BY TOMORROW**

Please don’t forget to complete the KidsMatter survey! Your perspectives on how St B’s supports your child’s mental health and wellbeing is very valuable.

The parent survey can be completed online by following these steps:

1. The following link will take you directly to the survey site: [http://www.kidsmatter.edu.au/primary/other-resources/school-surveys/parent-survey](http://www.kidsmatter.edu.au/primary/other-resources/school-surveys/parent-survey)

2. On this page, click on the following item: [www.kidsmatter.edu.au/primary/parentsurvey](www.kidsmatter.edu.au/primary/parentsurvey) which will take you directly to the survey.

3. Search for St Brigid’s to start the survey. It is listed in the database as St Brigid’s School, BRIDGETOWN, WA.

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**Dancing to the Beat of our Town**

healthway presents a Smoke Free Event

Dancing to the Beat of our Town for all ages

**Where**

Margaret River Primary School, East St, Margaret River

**When**

Friday 3pm – 10.30pm

Saturday 3pm – 4.30pm

**Prices**

Adults $10

Children under 12 $5

Groups $40

Contact Brian and Marsha from friends@performancewa.com.au

The program is starting Monday the 8th of August and runs for 7 weeks, there are 4 events for all ages including school holidays. Everyone is invited to join us for a Performance Day on Wednesday 8th of August which will only feature the young performers. People of all ages and abilities are invited to participate. It is a fun program for all ages and there is a discount for groups.

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**Photo Gallery**

Cooper Ternent

Evelyn White

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**Nova Dodson – Science Teacher**

This semester I will be doing Science with the Pre-Primaries, Year 1s, and 2s. This term the Pre-Primaries will be doing Biological Science (the needs of living things) and following our chicken hatching journey that we have begun in Kindy. The Year 1s are looking at how changes occur in the sky and landscape, while the Year 2s will be looking at water and how we use it.